

LIFE INDEED!

Lesson 6

God's Gifts to deal with Pain ...

1 - Peace!

John 14:27

Numbers 6:22 – 27

Philippians 4: 4 – 7

verse 4 -

Luke 2:10 -

Isaiah 26:2

verse 5 -

Proverbs 15:1

I Peter 3:3&4

verse 6 -

verse 7 -

2 - Comfort!

11 Corinthians 1: 3 & 4

verse 3 -

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verse 4 -

Psalm 119:28

3 - Strength!

Isaiah 40:28 - 31

Colossians 1:11

GOING DEEPER QUESTIONS

DAY 1 - Read I Chronicles 4:10 and Psalm 69:29 - 36. What is your definition of the word “pain”? What has been your most painful experience in life? What do the Scripture readings today say about pain?

DAY 2 - Read John 14:16-31. What is your definition of the word “peace”? How is God's peace different from our peace? Why was it important for Jesus to leave us His peace?

DAY 3 - Read Numbers 6:22 - 7 and Philippians 4:4-7. How are the Old Testament blessing and the New Testament strategy for peace similar? What do you learn about peace by reading these 2 passages?

DAY 4 - Read Luke 2:10, Isaiah 26:2, Proverbs 15:1 and I Peter 3:3 &4. What power does worship have in determining your peace? What part does trust play in determining your peace? What does it mean to have a “gentle” spirit?

DAY 5 - Read II Corinthians 1:1 - 11. Why is it important to allow yourself to be comforted by God? Is there a greater purpose in your pain? Who was the last person you comforted? Is there someone who you need to comfort?

DAY 6 - Read Psalm 119:25-40. Underline the word “revive” every time that you see it in these verses. How is being “revived” similar to being “comforted”?

DAY 7 - Read Isaiah 40:28-31 and Colossians 1:9-12. What tires you out? Is it possible to go through life and not be continuously tired? What does it mean to “wait” on the Lord?